

SHS Weekly News

January 31, 2020

CALENDAR OF EVENTS

Friday, Jan. 31

4:00 pm Girls JV 2 Basketball @ Mukwonago

5:00 pm Boys JV Hockey

5:30 pm Girls JV Basketball @ Mukwonago

5:45 pm Boys JV 2 Basketball in the Fieldhouse

5:45 pm Boys JV Basketball in the Gym

7:00 pm Girls Var Basketball @ Mukwonago

7:15 pm Boys Var Basketball

7:15 pm Boys Var Hockey

Saturday, Feb. 1

9:30 am Var Reserve Wrestling Scramble @ Deerfield

2:00 pm Girls Var Hockey @ Tomah Ice Center

5:45 pm Girls JV 2 Basketball in the Fieldhouse

5:45 pm Girls JV Basketball in the Gym

6:30 pm Boys Var Hockey @ Wilson Park Recreation Center

7:15 pm Girls Var Basketball

8:30 pm Boys JV Hockey @ Wilson Park Recreation Center

Monday, Feb. 3

7:00 pm Pops Concert in the PAC

Tuesday, Feb. 4

5:00 pm Boys JV Hockey

5:30 pm Boys JV/JV 2 Basketball @ Wilmot Union

5:45 pm Girls JV 2 Basketball in the Fieldhouse

5:45 pm Girls JV Basketball in the Gym

6:00 pm Boys JV Conference Swimming Meet @ Baraboo-Jack Young M.S. Pool

7:00 pm Boys Var Basketball @ Wilmot Union

7:15 pm Girls Var Basketball

7:15 pm Boys Var Hockey

Wednesday, Feb. 5

Thursday, Feb. 6

Friday, Feb. 7

5:00 pm Girls Var Hockey @ Beaver Dam Family Ice Center
5:45 pm Girls JV 2 Basketball @ Monona Grove-North Gym
5:45 pm Girls JV Basketball @ Milton Gym 1
7:00 pm Boys Var Hockey @ IcePlex
7:15 pm Girls Var Basketball @ Milton Gym 1



Seasonal Flu

Seasonal flu (influenza) typically peaks between December and February but can start as early as October. Influenza or the flu is an infection of the nose, throat, and lungs caused by influenza viruses. Flu viruses spread mainly by droplets made when people with the flu cough, sneeze or talk and the droplets land in the mouth or nose of another person. A person may get the flu by touching an object that has flu virus on it and then touching their mouth, nose or eyes but this type of spread occurs less often. Symptoms of the flu may include fever (some will not have a fever), cough, sore throat, runny or stuffy nose, body aches, headache, chills, and feeling very tired. Some people may experience diarrhea and vomiting.

Here are some ways to prevent the flu and other respiratory illness:

- Remind your child:
 - o Wash hands with soap and water frequently. Alcohol-based hand rubs can be used if soap and water are not available.
 - o Avoid touching eyes, mouth, and nose.
 - o Cover coughs and sneezes with a tissue.
 - o That he/she shouldn't share drinks or eating utensils.
- If your child is sick, he/she should stay home from school for at least 24 hours after the fever is gone without the use of fever-reducing medication.
- Try to avoid close contact with sick people.
- Clean and disinfect surfaces that may have flu germs.
- Consider and consult with your health care provider about getting the flu vaccine.

Here is additional information from the Centers for Disease Control (CDC) regarding the flu:

<https://www.cdc.gov/flu/index.htm>

Prom

Prom 2020

Junior parents -- there will be a prom parent meeting on Tuesday, February 18th in the library at 7:00 pm.

We will be discussing prom and post-prom activities and volunteer opportunities.

Any questions contact Katy Mullen at Katy.Mullen@stoughton.k12.wi.us or 877-5573.

Hope to see you there!

All Dressed Up

The Junior League of Madison is a non-profit women's organization and each year we host an event called **All Dressed Up** where hundreds of Wisconsin high school girls shop for a free prom dress and accessory! This year's event will be **Saturday, March 7th from 7:30am to 4:00pm at Madison College** (1701 Wright Street, Madison). Attendees are escorted through the selections with a personal shopper and can select one of hundreds of amazing dresses donated from within the Madison community and cleaned by Klinke Cleaners. Please see www.ADUmadison.com for additional information and requirements.

The 7:30 am time slot to shop for free prom dresses is the most popular with the best dress selections and shortest dressing room lines; we'd like to invite you to sign up for this time slot! Only 40 amazing young women, including yourself, are being offered this opportunity!

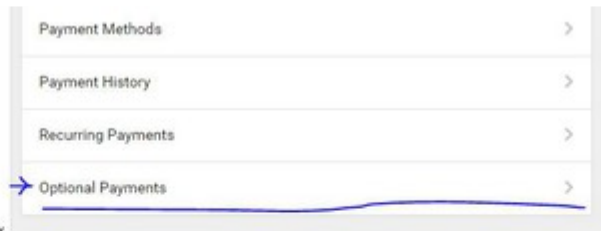
You may use this link: <https://www.eventbrite.com/e/87393936617> between February 1st and February 6th to sign up. Don't worry, your friends can sign up for their shopping time slot starting February 7th at www.ADUmadison.com.

Senior Photos Due on January 31st for the Yearbook.

Last Day to order a Yearbook is March 12.

This is a firm deadline. Please do not forget to order your Yearbook.

Order your yearbooks today! Your 2020 yearbook is just a few clicks away!
First, log on to your Infinite Campus Portal.
Second, click on the My Accounts icon.



Next, you will see these options. Click on the Optional Payments box.

The next screen will show a list of payments. Find the Yearbook-HS option and add it to your cart. Once it is in the cart you can apply a payment with a credit or debit card and you are done!

NAME	AMOUNT	
Athletic Family Pass-10 Punch	40.00	Add to Cart
Athletic Family Pass-20 Punch	70.00	Add to Cart
Yearbook-HS	50.00	Add to Cart

Don't have the whole \$50 right now? Don't worry, you can spread your payments out between now - May 1st. As long as you have \$1 deposited a yearbook will be reserved for you.

Counseling News

January 27 through February 2, UW Oshkosh is waiving the \$50 undergraduate application fee and the \$56 graduate application fee.

We are offering this incentive to encourage students who find that paying the application fee holds them back from submitting an application.

The fee waiver is for all three campuses of UW Oshkosh, including the Fond du Lac and Fox Cities campuses, and is for undergraduate, graduate, doctoral and certificate applications.

More information can be found at uwo.sh/free.

Outstanding Student Fees

Please check your Infinite Campus Portal to see if your child may have any outstanding class fees. You may pay through your portal or send cash or a check to your student's teacher.



High School Contact Information

Main Office: 877-5600

Attendance Office: 877-5600

Mr. Kruse, Principal: 877-5601

Ms. Hrodey, Assoc. Principal: 877-5605

Ms. Schoemer, Assoc. Principal: 877-5603

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