

# River Bluff Middle School

Campus E-News - September 13, 2019

## Calendar of Events

### September

16-20 Homecoming Week

17 Homework Club, 3:20-4:15pm  
17 Volleyball @ Oregon, 4:15pm  
17 Music Booster Meeting, 6:30-7:30pm  
17 5th Grade Orchestra Rental Meeting, 7:00pm  
19 Homework Club, 3:20-4:15pm  
19 Cross Country @ Waunakee, 4:15pm  
19 Volleyball @ Sun Prairie, 4:15pm  
20 "A" Day

23 Volleyball, Home 4:15pm  
24 Homework Club, 3:20-4:15p  
24 Minecraft Club, 3:20-4:15p  
26 Red Block Field Trip to Aldo Leopold  
26 Homework Club, 3:20-4:15p  
26 Cross Country Home Invite, 4:15p  
26 Volleyball @ McFarland, 4:15p  
27 "B" Day  
27 Yellow Block Field Trip to Aldo Leopold

\*Picture Re-Takes - Wednesday, October 9





## Social Emotional Learning: Home and School Connection

We want your child to be successful in school, and that means going beyond the basics. Excelling in academic classes is important, but students also need to know how to learn, make good decisions, handle strong emotions, and get along with others.

River Bluff students began the Second Step Middle School Program during Homeroom on Monday. This Social Emotional Learning curriculum focuses on skills and concepts that are designed to help students both in and out of school and is a continuation of Social Emotional Learning that begins in our elementary schools.

Social Emotional Learning is defined by the WI Department of Public Instruction as:

*The process through which children and adults acquire and effectively apply the knowledge, skills and attitudes necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships and make responsible decisions.*

We will provide you with weekly information about how River Bluff is not only delivering Social Emotional Learning curriculum, but how we are working to infuse these critical concepts and skills throughout our school.

Learn more about SEL by viewing this brief video:

[What is Social and Emotional Learning?](#)

## Homecoming Spirit Week 2019

The week of September 16th through the 20th is spirit week in celebration of the high school football homecoming game. It is a great time to participate in showing school spirit and support of others with the C.R.E.W. way. Our River Bluff student council has worked as a collaborative team to come up with fun activities that students can participate and be engaged in during the week's events.



With these activities there are many dress up days that were chosen with student input. The theme for this year's homecoming is "out of this world" and all dress up days have this in mind. While students are permitted to dress a little outside of the standard dress code- please ensure that your student comes to school in clothing that is appropriate for the day and will not be distracting to the educational environment.

- **Monday (9/16/19): "Out of Bed Day"** A great way to roll into school on a Monday is with a case of the Mondays! Students may wear their pajamas and come with a wacky hairstyle
- **Tuesday (9/17/19) : "Out of the Park Day"** Get out the athletic attire. Students should wear any sports attire that they desire and it doesn't have to be Stoughton sports! Show your pride for your favorite sport and/or favorite team!
- **Wednesday (9/18/19): "Out of Style Day"** Students should wear mismatched clothes or pick your decade and remember the styles of the past (bell bottoms, tight rolled jeans, poodle skirts, scrunchies and big bangs).
- **Thursday (9/19/19): "Out of Sight Day"** Get out that hunting gear! Students may wear any camouflage clothing they can find!
- **Friday (9/20/19): "Straight outta Stoughton Day"** Students should dress in school colors to support the Vikings game against Edgewood



## Minecraft Club

Minecraft Club is open to all River Bluff students and allows them to get together to build, play, compete, and have fun with their peers. Students can use their own account or use one provided by the adviser. Meetings are after school in room 145 from 3:20 – 4:15 on alternating Tuesdays. Anyone interested should sign up with Mr. Maedke in rm 145 before the first meeting, as space is limited to the first 25 participants.

### Fall 2019 Meeting Dates

- Tuesday, September 24
- Tuesday, October 8
- Tuesday, October 22
- Tuesday, November 5
- Tuesday, November 19
- Tuesday, December 3
- Tuesday, December 17

## Mental Health First Aid Training

Sometimes, first aid isn't  
a **bandage**, or **CPR**,  
or the **Heimlich**, or  
calling **911**.

Sometimes, first aid is **YOU!**

Someone you know could be experiencing a mental illness or crisis. You can help them. Mental Health First Aid teaches a 5-step action plan to offer initial help to people with the signs and symptoms of a mental illness or in a crisis, and connect them with the appropriate professional, peer, social, or self-help care. Anyone can take the 8-hour Mental Health First Aid course — first responders, students, teachers, leaders of faith communities, human resources professionals, and caring citizens.

Take the course, save a life, strengthen your community.

Training Provided by:



**Date:** Sept. 24th and Oct. 1st  
**5-9 PM both nights**  
**Location:** Stoughton Area EMS  
516 S 4th St, Stoughton, WI 53589  
**Cost is \$20.00**  
**To Register:** [tpellett.swc@gmail.com](mailto:tpellett.swc@gmail.com)



## Other Information/Quick Links

- [Yearbook](#) link Payments will now be made directly to the yearbook vendor. School = River Bluff Middle School, then click Shop The Store
- [District Calendar](#) link
- [Community Events](#) link
- To sign up for the District e-Newsletter, which includes student features, reminders about upcoming events, volunteer opportunities, videos, photos and more, [Sign up with this link](#).



## RB Staff Shout Outs

If you would like to recognize a River Bluff Staff Member, please fill out the following form. Your recognition will be noted in our staff bulletin. Thank you.

[RB Staff Shout Out](#)





## River Bluff Contact Information

Main Office/Attendance: 877-5500

Mrs. Gates, Principal: 877-5501

Mr. Johnson, Assistant Principal: 877-5503

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🌐 [stoughton.k12.wi.us](http://stoughton.k12.wi.us)