

SHS Weekly News

Jan. 15, 2021

CALENDAR OF EVENTS

Fri. Jan. 15

A-Day

Mon. Jan. 18

No School-Staff Professional Development Day

Tues. Jan. 19

End of Semester Assessments (Periods 1 & 2)

Wed. Jan. 20

End of Semester Assessments (Periods 3 & 4)

Thurs. Jan. 21

End of Semester Assessments (Periods 5 & 6)

Fri. Jan. 22

End of Semester Assessment (Period 7)

8:00 am - 3:45 pm Textbook/Material Dropoff at Door #1



Message from Mr. Kruse

Families and Students,

I hope all is well with you and your family. Thank you all for completing the Return to School Survey.

Some students have chosen hybrid learning and others have chosen to continue to learn virtually. Both are good choices. As a system, we are committed to supporting students in whichever choice they make.

Remember that there is no school on Monday, Jan. 18. Starting on Tuesday, Jan. 19, the last week of the 1st semester we will be running our End of Semester Virtual Schedule.

On Friday, Jan. 22 a drop-off for textbooks and other materials will occur from 8:00 am - 3:45 pm for 1st-semester items. Please place them at Door #1 in the bin provided. Please have your items in a plastic bag with your name tagged on it.

The second semester will start on Jan. 25 at 9:00 am using our new schedule. Monday, Jan. 25 will be an "A" Day.

District A/B Calendar is being released today (Friday) and families will receive it in a districtwide email from Dr. Onsager.

Thank you for all your hard work and support during the 1st semester!

Have a wonderful weekend.

M. J. Kruse

End of Semester Virtual Schedule

Click on the button

Information needed (parking and locker requests) and what to expect in upcoming communications

On Wednesday, students were sent a survey through Infinite Campus about requesting lockers and/or parking permits. Only students who requested hybrid need to complete the survey if they are interested in a locker and/or parking permit. Even though parking spaces are not assigned, those who wish to park in the lot must complete the survey to receive their permit. As in the past, students who park in the lot without a permit are subject to a citation. Please have the survey completed by Friday, January 22nd. We will be in contact with those who completed the form to indicate locker number assignment and to issue the parking permit. Here is a [link](#) to complete the survey for reference.

Next week we will be sending out information in the newsletter about what students/families can expect when coming into the building. The information will include procedural updates for this year based on how we will operate in order to return to in-person safely. Please pay close attention to the information provided to help ensure a safe start and continuation of in-person learning.

SHS 20-21 Second Semester Schedule (Virtual / Hybrid / All On-Campus)

- **Virtual Learning:** Start Date - January 25, 2021
 - o Daily Attendance: All Students attend all classes virtually and complete assigned asynchronous work.
 - o If fully Virtual classes may be conducted as one virtual learning session or split by cohorts to be determined by the Teacher.
- **Hybrid Learning:** Start Date – February 1, 2021 (Grade 9) / February 8th (Grades 10-12)
 - o Daily Attendance: Students rotate between attending SHS On-Campus and Virtual Learning Off-Campus every other day based on assigned cohorts on a continuous rotation as indicated by the District Calendar.

- o **Cohort A-L:** Students identified in Infinite Campus with a Household last name starting with A-L.
- o **Cohort M-Z:** Students identified in Infinite Campus with a Household last name starting with M-Z.
- o **Virtual Vikings:** Students may choose to not be on-campus, attend all classes virtually, and complete assigned asynchronous work.
- **All On-Campus:** Start Date - To Be Determined
- o Daily Attendance: All Students attend all classes on-campus every day and complete assigned work.
- o **Virtual Vikings:** Students may choose to not be on-campus, attend all classes virtually, and complete assigned asynchronous work.

SHS Schedule	
On Campus Teacher Collaboration Time: 7:30-8:15am	
Virtual Learning Support Time: 8:15-9:00	
Period 1: 9:00-9:45am	
Period 2: 9:50-10:40 (five minutes for announcements)	
Period 3: 10:45-11:30	
Period 4: Class A: 11:35-12:20	
Lunch B: 12:20-12:45	
Lunch A 11:30-11:55	
Class B: 12:00-12:45	
Period 5: 12:50-1:35	
Period 6: 1:40-2:25	
Period 7: 2:30-3:15	

Schedules are subject to change per state guidelines and safety needs

REMINDER !!! Meal Program Changes effective January 21, 2021

Our district is able to continue serving free meals through the end of the 2020-21 school year, thanks to the USDA and National School Lunch Program. As we transition more grade levels back to in-person learning, we will no longer be able to support our current door-to-door meal delivery. Our final door-to-door meal delivery will be on Tuesday, January 19. Please [click here](#) to review the full meals communications which include options by grade level. Please review for program description and next steps for your child.

Hybrid Families: A Note from Health Services about Medications and Masking Symptoms

Unless your child has a known health condition such as an injury or migraine that would require a pain reliever (like Tylenol or ibuprofen), we are asking that you do not provide these during this school year as these medications could mask (cover-up) symptoms of COVID-19. If these medications are needed, please have your child's healthcare provider sign the medication form and indicate a specific timeframe. In addition, if your child needs to have cough drops at school, the medication form will also have to be signed by your child's healthcare provider and indicate a specific timeframe.

Physical Education / Health Department News

Health:

Given our current environment, students really seem to understand the importance of physical, mental, and social health now, more than ever. In health class, we have still found ways to learn about important subjects (such as mental health)! During the mental health unit, students had the opportunity to choose from a variety of summative projects, depending on their interests/needs. Choices included: drawing/explaining their "happy place", writing a script advocating for their depressed friend (scenario using ACT- acknowledge, care and tell), researching a mental illness, completing a self-care plan, or writing a guided meditation/relaxation script. We have also had "expert guest speakers" help educate our students about sexual violence/domestic abuse. Health class usually involves a lot of class discussion, which has looked a little different virtually. Some classes have had extensive group discussions in Zoom chat or Peardeck!

Physical Education:

When face to face, our classes rely on verbal instruction supplemented with demonstrations. In the virtual setting, we have had to establish a new way to document and communicate our activities/workouts. Getting students moving is still the focus of our coursework. Creativity has been paramount to keep students engaged and committed to our classes. Zoom sessions are used to talk through the day's activity/workout. Screen sharing is critical to discuss technique and equipment options. Upon dismissal from Zoom, students are encouraged to get up and do their activity/workout before their next class! Students are encouraged to complete activities with classmates over Zoom or incorporate someone at home. Students must submit information about the day's activity or workout on Schoology to receive credit. Activity and exercise throughout the virtual school day is essential!

Lifetime fitness is probably the most similar in the virtual world. This class has always focused on utilizing resources within one's home and community to get daily activity. Community options are currently limited, but the class has taken advantage of the abundant virtual offerings. The foundation of the course, independent bodyweight exercise, is arguably taught better at home in each student's natural environment.

Strength and Conditioning have focused on helping students maximize the resources they have available to them. Students use the Teambuildr app to access workouts and track their progress. Accommodations are made for all students ranging from strict bodyweight programming to students with full gym access. We look forward to having students back soon!

Team activities have undergone the most adaptation. Not all students have access to the same sports equipment at home. In addition, CDC guidelines for social distancing must be practiced. Therefore,

while virtual, this class has shifted to a fitness focus with opportunities to select independent sports activities.

In 9th Grade Physical Education, students are virtually asked to learn the units of the curriculum using video links and a formative assessment of the information of the zoom. In addition, the base of Physical Education that promotes the Health-Related Components of Fitness are asked to be implemented in their individual workouts that they develop and submit on a daily basis.

Individual Activities really have their meaning in the virtual world. The units that were covered enhanced participation for their fitness that they may use later in life to remain active. The Zoom meetings provide opportunities for growth in their base knowledge of activities and cover new independent activities that can promote a future healthy lifestyle. In addition, the base of Physical Education that promotes the Health-Related Components of Fitness are implemented in their individual workouts that they develop and submit on a daily basis.

The Antiracism Project: January

The purpose of this districtwide project is to advance our district's Educating for Equity efforts by providing resources, information, and/or opportunities to support recognized national or local events and classroom curriculum. Our LMS team is researching special events for each month of the school year and helping educators find connections for use inside the classroom and within the community. In January, our team chose two dates to recognize: Martin Luther King Jr. Day (18th) and the International Holocaust Remembrance Day (27th). The LMS team will have compiled the following resources for your review with your children during the month of January:

Grades 6-12

- [Martin Luther King Jr. Day](#) - article from Britannica.com
- [MLK Federal Holiday Declared](#) - article from History.com
- [Marching to the Mountaintop: How Poverty, Labor Fights, and Civil Rights Set the Stage for Martin Luther King Jr.'s Final Hours](#)
 - Available from the SHS and RBMS libraries. Examines the link between the 1968 Memphis sanitation strike and the assassination of Martin Luther King Jr.
- [The March Against Fear: The Last Great Walk of the Civil Rights Movement and the Emergence of Black Power](#)
 - Available from SHS and RBMS libraries. In June 1966, marchers endured violence, rage, and fear as they walked more than 200 miles in the name of equality and justice.
- [United States Holocaust Memorial Museum](#)
- [United States Holocaust Memorial Museum Online Exhibitions](#)
- [Holocaust Remembrance Day resources from National Archives](#)
- [Beyond Courage: The Untold Story of Jewish Resistance During the Holocaust](#)
 - Available from SHS and RBMS libraries. Provides detailed accounts of twenty-one acts of defiance committed against Nazis in Nazi-occupied countries during World War II.
- [We Will Not Be Silent: The White Rose Student Resistance Movement that Defied Adolf Hitler](#)
 - Available from SHS and RBMS libraries. The true story of the White Rose, a group of students in Nazi Germany who were active undercover agents of the resistance movement against Hitler and his regime.

COMMUNITY RESOURCES

- [Points of Light - MLK Day of Service resources](#) - On MLK Day, millions of Americans honor Dr. King's legacy by coming together for a national day of service and dialogue. Make it a day on, not a day off. Find or host an MLK Day opportunity near you.

- [Marcus Center presents the 37th Annual Dr. Martin Luther King Jr. Virtual Celebration](#) - A Milwaukee Tradition For More Than 3 Decades!
- [International Holocaust Remembrance Day](#).

Counseling News

Second Semester Schedule Changes

All schedule changes for 2nd semester will need to be completed prior to the start of the semester on January 25th. The window for schedule changes this year will be from January 4th - January 22nd. Late requests will not be considered.



To make schedule changes, please contact your counselor:

Andrew Burke (last names A-G) andrew.burke@stoughton.k12.wi.us

Ann Ash (last names H-N) ann.ash@stoughton.k12.wi.us

Kristin Natzke (last names O-Z) kristin.natzke@stoughton.k12.wi.us

We are anticipating a high volume of emails, so please allow counselors 24 hours to respond. To avoid multiple schedule changes, we ask that you consult the course selection materials below to make an informed decision.

[Freshman Registration Worksheet 2020-2021](#)

[Sophomore Registration Worksheet 2020-2021](#)

[Junior Registration Worksheet 2020-2021](#)

[Senior Registration Worksheet 2020-2021](#)

[2020-2021 Course Description Book](#)

Local Scholarship Application

The Stoughton High School Local Scholarship application is now available to seniors. Applications must be submitted on or before **Friday, January 29th by 3:30 pm**. Please click the link below for more information: [Local Scholarship Application](#)

School Pictures & Yearbooks

We would like to provide you an update regarding school pictures and yearbooks.

We had hoped to have been in a position to offer in-person pictures by appointment to a larger number of students than we have been able to. With the reopening of grades K-2 partnered with new pandemic orders, we are not able to proceed at this time.

Instead, we have compiled a list of workarounds for our families. You will find that while all grade levels have Lifetouch for school pictures, each grade level has a different vendor for yearbooks. We have separated out school pictures and yearbooks accordingly:

High School Grades 9-12

Lifetouch is our current vendor for school pictures and Midwest Scholastic is our current vendor for school yearbooks. While it is our intention to offer onsite pictures at some point we also recognize that an unknown timeline may delay our ability to produce a successful yearbook. Questions regarding yearbooks may be directed to adrienne.stahl@stoughton.k12.wi.us.

- School Pictures

Lifetouch is now offering a new [Snaps @Home](#) program through the Shutterfly app (their parent company). This allows you to upload a picture from home and order a picture package. Please click on the link above for next steps.

- School Yearbooks

Midwest Scholastic does not currently have options available for upload directly to them. The district will be using [Pictavo](#) to upload pictures for the yearbook. Please click the link above for next steps.

****NOTE:** You will need to complete one upload to order pictures and one upload to be added to the yearbook.

Nurtured Heart Approach Message

"I am just completely flabbergasted by the changes and in only 4 days! There is so much more happiness in the house now. We are so motivated to keep using the techniques due to the drastic changes that have already occurred in our family. I am so thankful that you have brought this technique to Stoughton and that I saw the info about the class. I would say this has been nothing short of a miracle and I never thought my daughter's behavior would change to this extent." (workshop participant)



If YOU are looking for strategies to bring more happiness into your home, please consider joining us for a virtual Nurtured Heart Approach Workshop on Tuesday, January 26th, OR Thursday, January 28th from 6:00-7:30 pm. More information and a link to sign up can be found [HERE](#).

To your Greatness, Humanity, and Significance.
Amy Ruck

Cover Art for Yearbook

Attention ARTISTS - Due Date has been extended!

The yearbook is asking for your help to create the 2020-2021 yearbook cover design! This year's theme is Silver Lining! If you are not aware, Silver Lining means to be optimistic about a negative topic. We all have been pushed into our houses for the past 8 months, and we want to highlight the positives of this year's quarantine!

We would love to feature your artistic interpretation of our theme, Silver Lining. Here is what we need you to do...

1. Come up with an amazing idea that communicates the theme, Silver Lining. DO NOT USE ANY LETTERING- we just need pictures.
2. Turn that idea into some form of 2D art. Drawing, digital graphics, photography, painting, etc. Only original art will be considered. Images or ideas that belong to or were created by an artist that is not you, is not considered original. Example: A drawing of Spongebob is not your original idea.
3. Take a picture of your artwork or save your digital file as a PNG file.
4. Email your image along with a written statement telling us how your creation fits our theme.
5. Send your images to adrienne.stahl@stoughton.k12.wi.us or just hit reply on this email.
6. **Deadline- February 15th**

The Animation Club is coming back! Are you someone who wants to learn more about animation? Join the SHS Animation Club! Our first meeting will be over zoom next Thursday at 3:30 pm. Any experience level, any grade level is welcome to join. Use this link to join our [meeting](https://zoom.us/j/96828878313?pwd=ZEtaWEdjUWdidlVPQXIKcDVnVlBTQT09).
<https://zoom.us/j/96828878313?pwd=ZEtaWEdjUWdidlVPQXIKcDVnVlBTQT09>

Yearbook Information - ORDERING INFORMATION

Thank you for your patience as we set up our yearbook purchasing site. We are excited to say we are open for business. Please see the instructions and link below.. We appreciate your support.

How To Order A Yearbook

Books will be shipped directly to the address you provide. We will not be accepting checks or cash for the yearbook at the school. Total of the Yearbook \$60. Order window closes 3/19/21

Student Course Fees

The following course fees are available to be paid in Infinite Campus: Basic Art 3D, Advanced Art, Ceramics and Sculpture, and Advanced Ceramics.



Drop in Zoom Support Link

Click on the button

Updated SHS Grading Practices

Updated as of 11/1/2020

20-21 SASD Calendar



High School Contact Information

Main Office: 877-5600 or julie.sackmann@stoughton.k12.wi.us

Attendance Office: 877-5600

Mr. Kruse, Principal: 877-5601

Ms. Hrodey, Assoc. Principal: 877-5605

Ms. Schoemer, Assoc. Principal: 877-5603

📍 600 Lincoln Avenue, Stoughton,...

☎ 608-877-5600

🌐 stoughton.k12.wi.us