# KEGONSA FAMILY NEWSLETTER

#### #WECANWEWILL

# March 21

Happy Sunday! We are finally moving into Spring and more time at school. We can't wait to move some of our lunches outside. There are several fun theme days this week. See everyone in-person or virtually in PJ's tomorrow! - Erin

20-21 Official Family Calendar			MARCH 2021			
Sunday	Monday	1 Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Dress as your favorite book character!! National Read Across America Day!	3	4	5	6
7	8	<b>9</b> School Pictures @ Kegonsa 2pm-6pm	2pm-8pm	11 Parent/Teacher Confs. 2pm-8pm	12 NO SOMOOL	13
14	15	16	17 Wear green!	18	19	20
21	22 P.	J Day 23 80's Day!	24 Wednesday! RESS UP WEEK!!!!	All school Zoom at 1:30 to celebrate March birthdays	Wear purple and white!	
28	29	NO SOMOOL	31 NO SOMOOL			



News from Kegonsa

## KEGONSA April 5 Reopening Frequently Asked Questions (FAQ) In-Person Learning - Grades K-5

#### Key HIGHLIGHTS

- 1. Take your child's temperature and monitor for symptoms every morning before coming to school. Symptoms are listed on our <u>COVID-19 Quick Sheet</u>.
- 2. Our school day hours are 7:45 a.m. 1:45 p.m. Students may NOT be dropped off before 7:30.
  - \*Please note our new hours. We are not able to provide student supervision earlier than 7:30 a.m. or after 1:50 p.m. Outside of these times, we cannot ensure student physical distancing and mask-wearing. Please plan accordingly for drop-off and pickup.

3. For a midday pick up or drop off, please park out front and call the office at 608-877-5200.

4. Be sure your child has dressed appropriately for the weather

# School Meals Reminder - Preparing for Phase 3

Per the USDA, meals are free to all students until the end of the 2020-21 school year and we want to make the transition to Phase 3 on April 5 as smooth as possible.

If you are currently signed up for meals and <u>are changing learning models</u> on April 5, you should have received an email from Jenny McKenna asking for your meals confirmation.

If you are currently signed up for meals and <u>are not</u> changing learning models, your meals will remain the same.

If you are not signed up for meals and would like to, please visit our <u>website</u> OR see below to read through our options by grade level and learning model:

VIRTUAL VIKINGS GRADES K-5 may participate in weekly onsite meal pick up Onsite pick up will include breakfast and lunch for 7 days. Students must <u>SIGN UP HERE</u>. IN-PERSON VIKINGS GRADES K-2 may participate in daily school meals.

Students currently receiving meals will continue receiving meals daily; They will also continue to receive a Friday grab and go bag including meals for Saturday and Sunday. Students must take breakfast and lunch. If you are not receiving meals at school and would like to, you will

**IN-PERSON VIKINGS GRADES 3-5** may participate in option 1 and/or option 2. <u>Option 1</u> - Onsite pick up will include lunch for Saturday and Sunday and breakfast for all 7 days. Students must <u>SIGN UP HERE.</u>

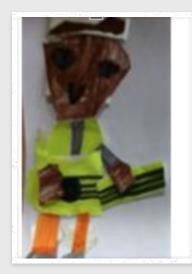
<u>Option 2</u>- Daily onsite lunch for all 5 days of the week Sign up is **not required**. Note that breakfast is not served in the building.

# School Picture Ordering

If you had pictures taken and have not ordered a picture package and would like to, please <u>click here</u>. Use your portrait ID and access code that is on your child's picture proof that was sent home last week.

If your student was unable to have a picture taken this year, they will be listed under their grade with their name only. We've asked our yearbook provider, Lifetouch, if families can upload photos, but unfortunately they do not have this feature. We are already looking forward to next year's pictures so we can capture the smiling faces of all students!





# News from Art

Hello Kinder, 1st and 2nd Grade Families This week's art lesson is called Bearden Snippets practices the skill **Envision: Artists make art that helps connect and strengthen the community.** This lesson is inspired by collage artist Romare Bearden encourages students to build community through art-making.

Here is an early submission!

# Hello 3rd, 4th and 5th Grade Families

This week's art lesson is called Bearden City Blues and practices the skill **Envision: Artists make art that helps connect and strengthen the community.** This lesson is inspired by collage artist Romare Bearden encourages students to build community through art-making.



# News from the Library

This week in Library, students will continue to work with Module 3 Read At Home Books!

Kindergarten: If You Lived In Colonial Times by Ann McGovern (part 2) First Grade: Chapters 7-8 of The Wonderful Wizard of Oz, by L. Frank Baum Second Grade: Chapters 4-5 of Loretta Little Looks Back, by Andrea Davis Pinkney Third Grade: Chapters 12-15 of Wishtree, by Katherine Applegate Fourth Grade: Chapters 9-10 of Chains, by Laurie Halse Anderson Fifth Grade: Chapter 6 of Elijah of Buxton, by Christopher Paul Curtis

All kindergarten, first grade, and second grade lessons can be found in the Library Seesaw classes. All third, fourth, and fifth grade lessons can be found in the Library Google Classroom.



# News from Music

K-5 Music is working on a unit about **form** which is the building blocks that make up music. Today's artifact is a video featuring 2nd graders Gracie, Leola, Nora, and Suzanne who are performing **contrasting actions** to show **form** while **singing**!

# 2nd Grade Good Mornin Blues 3 8 21

# SASD District News

# Enjoying Spring Break Safely: An Ask from SASD

#### SASD families,

As spring break approaches, we realize some families and staff have plans to travel. The safest thing you can do this spring break is to only spend time with the people you live with. However, there are a variety of safety precautions we can take to reduce our risk of COVID-19. COVID-19 is still spreading across Wisconsin, and staying home is the best way to protect yourself and others from getting sick. We suggest that SASD families and staff strongly consider canceling or postponing all travel, including travel within the state. Everyone should reduce their contact with others by staying home when possible, practicing physical distancing, and being alert for symptoms of COVID-19.

The Wisconsin Department of Health Services wants you and your family to know that:

1. Both international (overseas) and U.S. travel is risky.

- 2. The spread of COVID-19 can change quickly, including in areas of your travel destinations.
- 3. COVID-19 case patients and close contacts are prohibited from using public transportation (for example, airplane, bus, ship, shuttle) during their isolation or quarantine periods.

#### If you do travel

You should prepare for:

- Changing travel restrictions.
- New requirements for airline passengers traveling to the U.S. from a foreign country.
- Staying in-place if you get sick, which could mean isolating or quarantining at your travel destination, thereby postponing your return.
- Planning for the impact of being away from your home for an extended period of time if you are required to isolate or quarantine in-place.
- Avoiding crowds and staying at least 6 feet/2 meters (about 2 arm lengths) from anyone who did not travel with you. It's important to do this everywhere – both indoors and outdoors.
- Wearing a mask over your nose and mouth when in public settings. Masks are required on planes, buses, trains, and other forms of public transportation traveling into, within, or out of the United States and in U.S. transportation hubs such as airports and stations.
- If there are people in the household who did not travel with you, wear a mask and ask everyone in the household to wear masks in shared spaces inside your home for 14 days after travel.
- Washing your hands often or use hand sanitizer with at least 60% alcohol.
- Avoid being around people who are at increased risk for severe illness.
- Monitoring for symptoms of COVID-19
- Following <u>CDC post-travel recommendations</u> that include testing and self-quarantine after your return.

Traveling with precautions is still less safe than staying home, but taking precautions could reduce your risk. Following only one or two of these precautions isn't sufficient. You must follow as many precautions as possible to lower your risk. Some examples are:

- Drive to your destination instead of flying.
- If driving, map out your route ahead of time to avoid stops in areas with high COVID activity. This site has great tips, including how to find less risky rest stops: <u>http://wapo.st/2ZOWYUD</u>
- Avoid crowded places and opt for locations and establishments that are less busy.
- Choose outdoor activities over indoor activities. A visit to a state or national park is less risky than visiting an indoor museum.
- Mask up.
- If you're traveling with or visiting folks outside of your household, discuss ahead of time how you'll safely combine your pods. This blog post gives you tips: <u>https://bit.ly/3pSAugv</u>

If you travel, please monitor yourself for symptoms and consider the following <u>CDC</u> <u>recommendations</u> for after your trip:

- Get tested 3-5 days after travel AND stay home and self-quarantine for 7 days after travel. Even if you test negative, stay home and self-quarantine for the full 7 days. If your test is positive, isolate yourself to protect others from getting infected.
- If you do not get tested, it is safest to stay home and self-quarantine for 10 days after travel.

- Avoid being around people who are at increased risk for severe illness for 14 days, whether you get tested or not.
- Always follow state and local recommendations related to travel.

Regardless of whether you and your family travel: Monitor your and your child's health daily. We must remain vigilant of this virus and we ask you to do your part. For more information on travel and the coronavirus, please visit:

- Wisconsin Department of Health Services <u>COVID-19: Symptoms of Illness</u>
- Wisconsin Department of Health Services <u>Staying Safe in Your Community</u>
- CDC's Considerations for Travelers
- <u>CDC's COVID-19 Travel Planner</u>
- <u>CDC's Frequently Asked Questions about Travel</u>
- <u>CDC International Travel site</u>

#### Sincerely,

Dr. Tim Onsager, District Administrator

#### Are you or someone you know living in any of the following circumstances?

- · Sharing the housing of others due to a loss of housing, economic hardship, foreclosure, eviction, or similar reason
- . Living in motels, hotels, trailer parkers, or campgrounds due to the lack of other adequate options
- · Living in transitional living or emergency shelters
- · Living in places not designated or intended as sleeping accommodations for humans
- Living in cars, parks, abandoned buildings, bus stations, etc.
- · A youth not living with a parent/guardian and in one of the above situations

#### For assistance with receiving services, contact one of the Stoughton Area School **District Social Workers**

Teresa Hermanson High School and 4K Programs teresa.hermanson@stoughton.k12.wi.us kayla.mcdermot@stoughton.k12.wi.us Office phone: 608-877-5613 Cell Phone: 608-576-0707

Kayla McDermot Sandhill and Kegonsa Office phone: 608-877-5423 Cell phone: 608-440-0270

#### Carly Kolb

River Bluff and Fox Prairie carly.kolb@stoughton.k12.wi.us Office Phone: 608-877-5554 Cell number: 608-576-6375

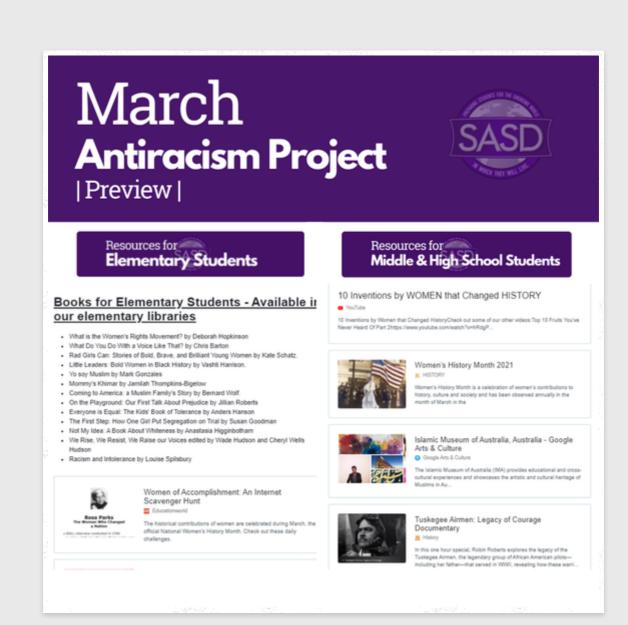
#### Local Food Pantries and Personal Essential Pantry

Stoughton Food Pantry 520 S 4th Street, Stoughton Hours: Monday-Wednesday 10am-2pm Thursdays 10am-2pm and 4pm-6pm Closed Friday First Saturday of the month 9am-11am Call for an appointment: 608-873-8103	United Methodist Food Pantry 525 Lincoln Avenue, Stoughton Hours: Tuesdays 9am-11am and 4pm-7pm Call for appointment: 608-873-3273 x 101
Personal Essentials Pantry 343 E. Main Street, Stoughton Hours: 1st and 3rd Thursday of each month: 1pm-5pm Call 608-620-3250	

# A New Look for March's Antiracism Project

Join us over on our district website where we are highlighting three events in March: Women's History Month; World Day of Muslim Culture, Peace, Dialogue, and Film (March 11) and

International Day for the Elimination of Racial Discrimination (March 21). We have videos, books and articles for all ages.



# From the Virtual Desk of Nurtured Heart

In this week's NHA entry, we are sharing what a true consequence looks like, not Grindewald's vision from Harry Potter! Sorry, HP fans! Click through <u>For the Greater Good</u>.



To your (and your child's) GREATNESS, Humanity, & Significance!!! Amy

amy.ruck@stoughton.k12.wi.us

# Covid-19

### **STAYING SAFE**

# Hybrid Families: A Note from Health Services about Medications and Masking Symptoms

Unless your child has a known health condition such as an injury or migraine that would require a pain reliever (like Tylenol or ibuprofen), we are asking that you do not provide these during this school year as these medications could mask (cover



up) symptoms of COVID-19. If these medications are needed, please have your child's healthcare provider sign the medication form and indicate a specific timeframe. In addition, if your child needs to have cough drops at school, the medication form will also have to be signed by your child's healthcare provider and indicate a specific timeframe.

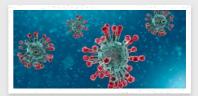
# COVID-19 Absence and Screening

Each morning families are expected to screen their child based on the <u>Self-Screen Quick</u> <u>Sheet</u>.

- 1. If your child has tested positive for COVID-19,
- 2. Has symptoms of COVID-19, or

3. Has had close contact with an individual who has tested positive for COVID-19, please keep your child at home. Call our attendance line to report the absence. Coming next week we will also have a Student COVID-19 Form that we will ask families to fill out. Thank you for doing your part!

# Procedures for positive students and those identified as close contacts for in-person students



If we are informed of a positive case, we will immediately

complete contact tracing. Once a student is identified as a close contact they will need to be sent home immediately. Families will receive communication from the school nurse and building staff informing the family of the close contact and when your student is eligible to return to the building as long as they did not develop covid symptoms during their quarantine. If there is a status change during quarantine such as test results or symptom development, please contact our health assistant Tammy Wirag (877-5204) or Laurel Gretebeck (877-5405) to determine if the return date needs to be adjusted for students at Kegonsa School. If required to quarantine from our building, students will be expected to attend classes virtually until their date of return.

If you suspect your student is Covid positive or is showing <u>symptoms</u> of Covid please keep them home and have them tested. Upon the receipt of a positive test result, please complete the necessary <u>documentation</u> on the district covid resource page so we can begin the contact tracing process.



# Kegonsa Working for Kids

On behalf of Working for Kids, we would like to introduce ourselves and ensure you have all you need to know for supporting your child(ren) and school throughout this school year... and beyond! Click <u>here</u> to read more about what we do.

Our next meeting is on April 13, at 6:15

If you would like to sign up to come to a meeting, please submit your name and email <u>here</u>. This form is managed by our WFK parent leadership. They will connect you with a zoom link for upcoming meetings.





# Past Newsletters

Winter Newsletters: January 8, January 15, January 24, January 29, February 4, February 12, February 19, February 27, March 5, March 11, March 19

 Fall Newsletters:

 December 4, December 13 December 18

 November 6, November 13, November 23

 October 3, October 9, October 16, October 22 October 31

 September 7, September 11, September 22, September 25, August 14, August 21, August 31

**KEGONSA FAMILY** 

NEWSLETTER







## Kegonsa Elementary School

🕞 Facebook 🛛 🕐 @WeAreStoughton

Ms. Conrad, Principal (877-5201) Mrs. Sannes, Dean of Students (208-3468) Mrs. Moe, Admin Assistant (877-5202) Mr. Schultz, School Counselor (877-5229) Ms. Hopper, Instructional Coach/Reading Teacher Mrs. McDermot, School Social Worker (440-0270) Ms. Menon, School Psychologist Mrs. Wirag, Health Assistant (877-5204)

Kegonsa Elementary School, V...
 608-877-5202

erin.conrad@stoughton.k12.wi...

