Fox Prairie Enews

October 24, 2019

Schedule for the Week

Monday 10/28 - B Day Tuesday 10/29 - C Day Wednesday 10/30 - D Day Thursday 10/31 - A Day Friday 11/1- No School

Please Mark Your Calendars!

Friday, November 1 -- No School Wednesday, November 27 - Friday, November 29 -- No School

Upcoming Safety Drills

Dear Families:

At the Stoughton Area School District, the safety and welfare of our students and staff are our highest priorities. That is why we practice a variety of safety drills throughout the school year: so that our students and staff know how to keep themselves safe in different kinds of emergencies.

Consequently, we wanted to let you know that during the first week of November our District will be working with the Stoughton Police Department to conduct active threat drills in all five Stoughton schools to ensure the safety of our students and to align with annual State requirements on school safety drills.

During these drills, our staff will be communicating with our students in an age-appropriate manner. Students will NOT be asked to practice any countering strategies during the upcoming exercises, and there will NOT be a simulated "shooter" during these drills.

<u>Fox Prairie Elementary School is tentatively scheduled to have its active threat drill on Thursday, November 7.</u>

In preparation for these drills, our staff have been trained on how to prepare students to make this drill as smooth and stress-free as possible. Our staff will also have age-appropriate conversations with our students before and after the drill so they have a chance to ask questions. The drills will take place under the supervision of school staff and Stoughton police, and your child(ren)'s building principal will also send out a message to families as soon as the school's drill is complete.

It is unfortunate that we even have to talk about training for an active threat, but these kinds of safety drills help us evaluate our emergency operations plan, improve our response skills and prepare our students and staff so that we know what to do in the event of an actual emergency. If you would like resources to talk with your child(ren) at home about any of these types of issues, I am including this link to a site that we believe could be helpful. You can also feel free to reach out to your child(ren)'s principal if you have any questions about our safety program or the upcoming drills. Our District staff are here for you.

Sincerely,
Tim Onsager
District Administrator
Stoughton Area School District

Thank You So Much!

<u>Parent/Teacher Conferences</u> - Thank you so much for coming to conferences for your child! We're very thankful to have such supportive parents as we work together to encourage our Fox Prairie Elementary students to continue to do their best.



<u>WFK's Conference Dinner</u> - Thank you to everyone who organized, set up and prepared food for our staff on Wednesday. It is so appreciated on one of our busiest times of the school year. We know all of you are busy as well, and want you to know how much it means to us to have this support.

<u>Book Fair Update!</u> - Thank you to all the parents who purchased books for the children and teachers of Fox Prairie either at school or online. Also, we could not have done this without the volunteers who helped in so many ways during our Follett Book Fair this week!

Mix It Up Lunch

Our students had a great time with Mix It Up Lunch on Tuesday. It was fun for them to meet some new friends on this Mix It up Day in the lunchroom!







Golden Fox Assembly

We celebrated our success as classes with a Golden Fox Assembly today & acknowledged student September & October birthdays.

Golden Fox tickets are awarded to classes for positive behavior in the lunchroom and hallways. Golden Fox winners in each category get a traveling trophy and the opportunity to choose a classroom reward such as: an extra recess or pajama day.

We're proud of our students!

Our students also had a great time sliming Mrs. Rogers in celebration of a fantastic Fox Trot. We're thrilled to announce that \$13,400 was raised. The money will be put towards S.T.E.A.M. activities for our students. Thank you so much for your amazing support!































Back to School Smiles! Dental Clinic at School on Tuesday, October 29, 2019

Bridging Brighter Smiles is holding their next dental clinic at Fox Prairie Elementary on:

Tuesday, October 29, 2019 It is not too late to enroll! Get your smiles back to school ready!

Sign up online at:

http://enrollment.bbsmiles.org/

Professional Dental Services Provided Right at School Include:

- Oral Screening
- · Dental Cleaning
- Fluoride Varnish Application
- Dental Sealant Placement
- Oral Health Education
- Referral Assistance

Forward Health (BadgerCare) Accepted!

(Other Private Dental Insurance Not Accepted)

Not sure if your child is enrolled, or due for care? Call Bridging Brighter Smiles at 262-896-9891, or email coordinator@bbsmiles.org.

Needed Math Materials

We are in need of some items for our new math curriculum. Please keep an eye out for the following items from home if you have them. (Note: <u>We do not need gallon containers at this time</u>.)

- -Paper tubes-gift wrap size
- -Paper tubes-paper towel size
- -Paper tubes-toilet paper size (need a TON)
- -Cans or jars that hold slightly more than 2 cups
- -Cardboard boxes/cartons-larger than 8" x 9" x 12"
- -2 liter transparent containers
- -2 quart containers
- -Pint containers (cottage cheese, etc)
- -8 ounce containers (yogurt, margarine, etc)
- -Ounce containers
- -50 ml containers (travel size shampoo or lotion, etc)
- -Plastic bottles, half liter
- -Plastic bottles, varying capacity
- -Plastic bottles (clear), 1 liter with top
- -Plastic wrap, rolls
- -1/2 cup containers or bowls
- -1 cup containers or bowls
- -2 cup containers or bowls
- -Half gallon milk or juice cartons
- -1 quart milk or juice containers
- -Containers for pouring (pitcher with spout), larger than 1 liter
- -Left over grass seed (need about 3/4 lb)
- -Plastic or paper cups (various sizes)
- -Egg cartons (1 dozen size)
- -Ping pong balls

Extra Clothes at School

It's always a good idea to have an extra pair of pants & undies at school for your child. Please put an extra pair of each in your child's backpack. When we've had rain overnight, we remind students to stay on the wood chips and blacktop only, but sometimes it's hard to avoid getting a bit wet.

We're always in need of extra pants, especially for our younger students. If you have any extra pants that your child has outgrown, please send them in, and we'll put them to good use.

Thank you!

Veteran's Day Observance at Fox Prairie on Monday, November 11

As many of you know, we've had a long-standing tradition of formally observing Veteran's Day here at Fox Prairie. Several local veterans who are members of the Stoughton V.F.W. help us present on that day.



It's pretty impressive to see over 400 staff and students standing quietly as we take a moment out of our busy school day to think about the gift of freedom we all enjoy because of the sacrifice of our nation's soldiers past and present.

If you, or someone you know, have served in the United States Army, Navy, Marines, Air Force, Coast Guard, Reserves or National Guard, please know that you are invited to join us. We will be observing two minutes of silence in honor of that service to our country at 10:40 a.m. on Monday, November 11th.

If you are able to join us, please plan to arrive at approximately 10:25 to find out where we would like you to join our staff and students. It has always been an honor for us to have veterans join us in our observance of this special day. You are welcomed and encouraged to come in uniform, if you'd like.

If you have any questions, please feel free to contact us at 877-5100.

FROM THE DISTRICT NURSE/SCHOOL HEALTH SERVICES

GUIDELINES FOR ASSESSING YOUR CHILD'S HEALTH

Students need to be in school to be successful in classes; however, we certainly encourage students to remain at home when they are sick. The patterns children develop regarding health and illness often carry on into later school years as well as into adulthood and the work world. We consider school your child's "job", and attendance is very important for success. Below are some suggested parameters for parents/guardians to use when deciding if a child should be at home or school.

1. TEMPERATURE: The child's temperature should be below 100 degrees F (37.8

degrees C) without the assistance of medication to reduce fever (like Tylenol or ibuprofen) before returning to school. If a child has a temperature of 100 degrees F or over, it usually indicates an infection of some nature. We will contact the parent/guardian if we are aware that a child has an elevated temperature and ask that they be taken home.

- 2. <u>COLDS (Upper Respiratory Infection):</u> A virus usually causes upper respiratory infections. Healthy children may have between 6 and 9 viral infections each year. We recognize that no one feels good when they have a "cold", yet viruses tend to hang on for as long as three weeks. It is difficult to be successful in school when frequent absences occur. We encourage children to get extra rest at home and drink plenty of fluids. If, however, the upper respiratory infection is accompanied by a persistent cough or runny nose that interferes with learning, the student should stay home or will be sent home.
- 3. <u>HEADACHES:</u> We encourage students to remain in school with headaches. If a child has frequent headaches, we encourage parents/guardians to contact their child's health care provider. Parents/guardians may wish to have their child receive an over-the-counter pain reliever at school. The Health Assistant at each of the schools can provide the appropriate forms and procedures.
- 4. <u>STOMACHACHES:</u> For stomachaches, we encourage students to remain in school **unless** the pain or discomfort is accompanied by a temperature greater than 100 degrees F, vomiting, diarrhea, or if the student is too ill to participate in school activities. Children who are anxious or feeling stress can experience stomachaches. For these students, it is important to stay in school to find and deal with the source of the anxiety. Although only a small portion of children who have recurrent stomachaches have a physical problem, recurrent stomachaches may need to be evaluated by a health care provider.
- 5. <u>RASHES:</u> A rash may indicate an allergic reaction or an infection. Parents/guardians should contact a health care provider if a rash is "itchy", is raw or weepy, or is spreading. The school will contact parents/guardians if a rash is observed, and we encourage you to have any rash evaluated by a health care provider.
- 6. <u>EYES:</u> Students with red eyes and drainage can come to school unless there is a fever present, behavior change, or unable to avoid touching eyes.
- 7. <u>SORE THROAT:</u> Students should stay home if there is a fever present or if the sore throat is persistent. Otherwise, students are encouraged to stay in class. If a student is diagnosed with strep throat, he/she must receive antibiotics for 24 hours before returning to school.
- 8. <u>EARACHE</u>: Students should stay home if an earache is accompanied by fever or drainage. We encourage parents/guardians to have a child evaluated by a health care provider.

Revised 1/2016 Reviewed 10/2018

HEALTH NEWS

HEAD LICE

At any given time during the school year, there may a student(s) with head lice. Please continue to check your child(ren)'s head periodically and inform the health office if your child has head lice. Health staff can help with identification, provide instruction on treatment, and provide follow up. If there are financial challenges associated with providing treatment, the

family resource specialist can help. Please call the health assistant @ 877-5104 or the district nurse, Laurel Gretebeck, at 877-5405 if you have questions or need assistance. Thank you.

For more information: http://www.cdc.gov/parasites/lice/head/gen_info/faqs.html

See attached informational brochure.

Seasonal flu (influenza)

Seasonal flu (influenza) typically peaks between December and February but can start as early as October. Influenza or the flu is an infection of the nose, throat and lungs caused by influenza viruses. Flu viruses spread mainly by droplets made when people with the flu cough, sneeze or talk and the droplets land in the mouth or nose of another person. A person may get the flu by touching an object that has flu virus on it and then touching their mouth, nose or eyes but this type of spread occurs less often. Symptoms of the flu may include fever (some will not have a fever), cough, sore throat, runny or stuffy nose, body aches, headache, chills, and feeling very tired. Some people may experience diarrhea and vomiting.

Here are some ways to prevent the flu and other respiratory illness:

- · Remind your child:
- o Wash hands with soap and water frequently. Alcohol-based hand rubs can be used if soap and water are not available.
- o Avoid touching eyes, mouth and nose.
- o Cover coughs and sneezes with a tissue.
- o That he/she shouldn't share drinks or eating utensils.
- · If your child is sick, he/she should stay home from school for at least 24 hours after the fever is gone without the use of fever-reducing medication.
- · Try to avoid close contact with sick people.
- · Clean and disinfect surfaces that may have flu germs.
- · Consider and consult with your health care provider about getting the flu vaccine.

Here is additional information from the Centers for Disease Control (CDC) regarding the flu: https://www.cdc.gov/flu/index.htm

Guidelines for Assessing Your Child's Health

Helpful information is attached.

Managing Life Threatening Allergies

The Stoughton Area School District is committed to providing a safe and healthy environment for all of our students. As part of that commitment, our District has a policy in place to help protect students who suffer from allergies that may lead to a serious life-threatening medical condition (anaphylaxis).

This policy (1022 Managing Life Threatening Allergies) was developed using guidelines from the Wisconsin Association of School Nurses and CDC and after reviewing similar policies in place in other school districts. Although our policy does not ban certain allergens (peanuts, tree nuts, egg, soy, for examples) from District facilities, it does ask our students, staff and

visitors to be aware of the medical needs of our students and to comply with the safety measures our staff put in place to reduce our students' risk of exposure to these allergens.

We have included a link to the policy and the policy guidelines in this communication if you would like more information about the specific types of allergens that could affect some of our students and the protocols we have instituted to address those issues. We appreciate your cooperation and understanding as we try to maintain allergy-aware facilities. If you have any questions about this policy and/or these guidelines, please do not hesitate to contact Laurel Gretebeck, our District Nurse, at Laurel.Gretebeck@Stoughton.K12.WI.US or 608-877-5405.



- The most common symptom is itchiness of the scalp.
- Other symptoms may include:*Tickling feeling or
 - feeling of movement in hair *Sleeplessness or irritability as head
 - irritability, as head lice are more active in the dark *Sores on the head

caused by scratching

been present for four

- By the time lice is discovered or symptoms appear, lice may have already
- or more weeksIt is easier to see lice in natural sunlight

For More Information:

http://www.cdc.gov/parasites/lice/ head/index.html

References:

Parasites-Lice-Head Lice. (2013). Retrieved from: http://www.cdc.gov/parasites/lice/head/index.ht

Headfirst Lice Lessons. (2014). Retrieved from: https://www.nasn.org/ToolsResources/HeadLice PediculosisCapitis/HeadfirstLiceLessons

Contact Information:

Please contact the building health assistant at your child's school, or the district nurse at 877-5405 if you have any questions or to report a case of head lice. The health assistant and district nurse can help with identification, and provide information and assistance.

Head Lice



Information for parents

Stoughton Area School Distric

HEAD LICE

Quick Facts:

- Head lice are tiny wingless insects found on the head
- Lice survive by feeding on human blood
- Not known to spread diseaseHead lice can be tan or
- grayish-white in color, and are 2.1-3.3 mm long
- Lice are most commonly found at the back of the head at the neckline and behind the ears
- Head lice move by crawling; they do not fly or hop
- They are usually spread by direct head-to-head contact
- Head lice can infest anyone
- Personal hygiene or cleanliness has nothing to do with getting lice
- It is uncommon, but head lice can be spread by:
 -Wearing clothing such as hats, coats, scarfs of an infested person
 -Using an infested comb, brush or towel

-Lying on a bed, couch or pillow or stuffed toy of an infested person

Treatment:

- We encourage you to check with your child's pediatrician or family doctor for guidance on treatment
- Treatment is recommended for presence of live lice or nits within ¼ inch or less from the scalp
- When using over-the-counter or prescription treatments, follow all of the directions carefully
- Follow all of the directions for retreatment
- There is no scientific evidence that home remedies are effective
- Put on clean clothing after treatment
- If there are no dead lice and lice are still active, call your child's doctor for further directions
- Use nit combs to remove lice and nits; you may also manually remove nits
- Continue to check hair every two to three days for two to three weeks after treatment
- Check other household members and treat if lice is found

Prevention:

To prevent infestation:

- Machine wash and dry clothing and bed linens that the infested person wore or used two days before treatment. Wash on the hot water cycle, and dry on high heat. Another way to prevent infestation is to place all items into a sealed plastic bag for two weeks.
- Wash combs, brushes and hair clips in hot soapy water or throw them away
- Vacuum all floors and furniture; car seat cloth cushions. (discard vacuum bag)
- Avoid head-to-head contact during play and activities
- Do not share clothing, such as hats, scarves, coats and hair ribbons
- Do not share combs, brushes and towels

Watch D.O.G.S. Sign Up

Who are Watch D.O.G.S?

Watch D.O.G.S. are fathers, mothers, grandfathers, grandmothers, guardians, aunts, uncles, or community members, etc., who volunteer for a half or full school day at an official Watch D.O.G.S. school. During the day, Watch D.O.G.S. may read and work on school activities with students, play at recess, eat lunch with students, watch school entrances and hallways, and any other assigned activities where they actively engage with students. On the day of their participation, Watch D.O.G.S. are given a brief review of their involvement and wear an official Watch D.O.G.S. t-shirt identifying them as a Watch D.O.G.S. in the building.

Program Benefits

- Students gain positive role models.
- Schools gain extra sets of eyes and ears. The presence of volunteer adults provides an
 additional deterrent to bullying, enhances a sense of security in the building, and helps
 create an environment conducive to learning.
- Adults get a glimpse of our students' everyday world and learn about the increasingly complex challenges and decisions today's youth are facing. As a result, they can learn to relate better to their student and connect with them.

Here is the <u>slide presentation</u> from our information meeting.

Please click here to sign up.

Our Winter Sing Performance Date Has Been Set

We will continue the tradition of our students performing the Winter Sing in December. This is a wonderful event at a very exciting time of year! This year's Winter Sing will be Thursday, December 19th.

More info will follow later.



Toy Distribution will be held at the Alliant Energy Center Dec 18-20

Nov 1st- 15th we will open up the online registration.

To register to receive a toy

https://madison-wi.toysfortots.org/local-coordinator-sites/lco-sites/local-toy-request-single-form.aspx

All documents listed on the Registration Instructions and Application link will need to be brought to the toy distribution.

Contact the local Toys for Tots Coordinator via email or phone for additional information.

Local Coordinating Officer: Sgt Nicholas Hultman Email: toysfortotsmadison704@yahoo.com Phone: 608-241-2022 ext 5012



Distribution Location

Community Action Coalition for South Central WI, Inc (CAC) 1717 N Stoughton Rd. Madison, WI 53704

From

(Tuesday) October 15 - (Thursday) November 7, 2019

Distribution Days and Hours

Tuesdays and Wednesdays 10-3pm Thursdays 10-7pm Saturdays 10-3pm

For more information call CAC 608-246-4730 For information about volunteering use ext.241 or visit VolunteerYourTime.org

Registration requires one of the following forms of identification for each individual (including children) in Insurance Card Referral from another agency Medical Card











Applying With Host A Family

Program Description

Host A Family matches families in need with sponsors to provide holiday gifts, all done anonymously. Host A Family is volunteer-run, non-profit organization where donations go directly to families in need. Today, with the ongoing assistance from DCHS, schools, churches, various organizations, many families, and dozens of volunteers, the HAF program now serves more than 300 families in need in its program area including the school districts of Stoughton, Oregon and McFarland.



Program Requirements

- You must reside with your children/dependents (18 and under) within one of the following school districts: McFarland, Stoughton or Oregon and be struggling financially.
- If hosted, you must be able to pick up your gifts at LakeView Church in Stoughton on Friday, December 13 or Saturday, December 14. Times will be posted closer to the event.
- You must consent to the anonymous posting of gift requests and thank you note to the hostafamily.org website to facilitate host matching.
- You must provide address verification, an ID, and if requested, identification for the dependents living with you.



Applying

To receive gifts from Host A Family please complete and submit an online application. Go to https://hostafamily.org/apply/login.asp

Your application will be reviewed and you will notified that you have been hosted with a postcard mailed to the address provided on the application form about a week before the scheduled gift pickup.

The deadline for applying is November 15, 2019. If you apply after November 15th we will do our best to match you with a host but there is no guarantee.

To claim your gifts at the arranged pick up in December, you will need:

- 1. The POSTCARD mailed to you
- 2. A PICTURE ID and
- 3. PROOF OF ADDRESS (a bill mailed to you, a rental agreement, school documentation)
- 4. You may be asked for identification for the dependents you list on your application.

2019-2020 SASD Calendar

Click here for our district calendar for the 2019-2020 school year.

Fox Prairie Shout Outs

If you would like to recognize a staff member here at Fox, please complete this <u>form</u>. We love to celebrate our great staff!

Follow Us on Twitter

